

# Scriptural Sexuality

## God's Word On Sexual Relationships

You and I live in a sex-saturated society that has lost its way sexually. God's Word gives clear direction on personal sexual conduct and appropriate sexual relationships.

The Word of God, not the wishes or desires of men, should dictate and direct our sexual behavior.

The following are four foundational guidelines found in the Bible for sexual conduct.

1. **SEX IS FOR MARRIAGE ONLY.** *Genesis 2:18-24, 4:1, I Corinthians 7:1-5, Proverbs 5:15-23*

God determined it wasn't good for man to be alone. So God made Eve for Adam. He created them "male and female" and blessed their sexual union when they became "one flesh". Adam had sexual relations with his wife and they had children.

*Sex is good because God created it. Sex is for marriage only. Period. End of discussion. Sex God's way blesses a husband and wife.*

Whenever people have sex outside of the marriage relationship they step out from under God's moral cover and blessing.

2. **SEX OUTSIDE OF MARRIAGE IS SIN.**

- **What's IN SEXUALLY.**

- **Marriage.**

A holy sexual relationship between one man and one woman in the covenant of marriage. Marital sex between husband and wife is the only acceptable sexual relationship according to God's Word.

- **What's OUT SEXUALLY.**

- **Fornication.** *Hebrews 13:4, I Corinthians 6:9-11*

To fornicate is to have sexual intercourse outside of the marriage relationship.

Pre-marital sexual relations, sexual experimentation by young people, promiscuous sexual behavior, and sex by single people with married people are fornication. *All forms of fornication are out of bounds and will be judged by God*

➤ **Adultery.**

*Exodus 20:14, Matthew*

*19:1-9*

*Matthew 5:27-28*

*Adultery is sexual intercourse between married people with someone other than their spouse. Adultery is not an affair. It is not a fling, or a one night stand. God calls it serious sin.*

Adultery breaks the bond of “one flesh” between husband and wife that God said no man should divide. Adultery destroys the foundation and fabric of marital commitment and trust in each other to remain sexually faithful to one another. Adultery not lonely rips apart the hearts and souls of marriage partners, but it devastates and disillusion children who are innocent victims of a parent’s indiscretion and immoral misconduct.

Adulterers can be forgiven and marriage relationships can be restored. But the road to restoration of a marriage torn apart by adultery is a long, hard process.

➤ **Homosexuality**

*Leviticus 18:22, 20:13-22.*

*Romans*

*1:18-32*

**God made men and women male and female.** In the natural order of human relationships created by the will and hand of our Creator, heterosexual relationships between one man and one woman in marriage is God’s plan for man.

*Homosexuality, sexual relations between a male and male or a female and female, is not an acceptable alternative lifestyle. It is abomination. Abomination means “loathsome hatred.” God is definitely not pleased when men and women choose to turn the truth about human sexuality and turn it into a lie.*

*No one is born homosexual. Homosexual conduct is the result of a willful choice made by people who choose to exchange natural affection for unnatural affection.* No species in nature engages in same sex behavior. Romans chapter one is clear about what God thinks about those who pervert the purity of heterosexual behavior.

Lesbian, gay, bi-sexual, and transgender behavior is sin. Pure and simple. These deviant sexual behaviors are a perversion of moral and sexual purity.

*Homosexuality, like all sin, can be forgiven. Homosexuals can be restored to heterosexual behavior.* A word of warning! God is very serious about homosexuality and its devastating, defiling effects on a society. In Genesis 19:1-29 the Lord destroyed the cities of Sodom and Gomorrah for their refusal to repent of homosexual sin.

➤ **Bestiality**

For a human being to have sex with an animal is not only disgusting and despicable, it is perverted, defiling and abominable behavior in God's eyes.

*“You shall not have intercourse with any animal to be defiled with it, or shall any woman stand before an animal to mate with it; IT IS A PERVERSION.” Leviticus 18:23*

Enough said.

➤ **Pornography**

**Please review the Perils of Pornography handout.**

3. **SEXUAL BOUNDARIES ARE FOR OUR BENEFIT.** *Hebrews 13:4,  
II Timothy 2:19-25*

God has given us boundaries for our sexual behavior because He loves us and will bless our lives when we line up our moral lifestyle with His Word.

Sexual boundaries protect and preserve moral innocence and purity for people before they are married. Sexual boundaries protect people from the heartbreak of betrayal and broken trust when mates are sexually unfaithful. Sex within sexual boundaries found in Scripture keeps people physically, emotionally and relationally pure. Sex God's way protects people from perversion, corruption, impurity and from sexually transmitted venereal diseases.

*Sex within God's boundaries creates a climate of commitment where husband and wife can enjoy being “one flesh” in the fullest sense.* God richly blesses the marriage bed of a husband and wife who keep their wedding promises to love each other and no one else.

4. **SANCTIFIED SEX IS SAFE SEX.** *I Thessalonians 4:3-8, I Timothy 5:22*

A teenage boy and his grandfather went fishing one day. While fishing, the old man starts talking about how times have changed. The young man picks up on this and starts talking about the various problems and diseases going around.

The grandson says, “Grandpa, they didn’t have a whole lot of problems with all these diseases when you were young did they?” Grandpa replies “Nope.”

The teenager asked “What did you guys do for safe sex?”

Grandpa replied “A wedding ring.”

**Safe sex is no sex until marriage.** Abstinence is God’s best before marriage. Self-control and self-discipline over sexual desire, not condoms or morning after pills, is the only guarantee of safe sex.

If you want to be safe sexually, sanctify your sexual desire (set your body apart for God’s holy purposes) and trust God for a proper marriage partner.

## Scriptures For Overcoming Sexual Temptation

*“No temptation has overtaken you but such is common to man; and God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will provide the way of escape also that you may be able to endure it.” I Corinthians 10:13*

### SEX IS FOR MARRIAGE

Genesis 2:18-25  
Hebrews 13:4  
Proverbs 5:18-20  
Exodus 20:14  
I Corinthians 7:3-4

### GUARD AGAINST SEDUCTION

Proverbs (Chapters 2-9)  
Matthew 5:27-28  
Matthew 26:41

### PERSONAL MORAL PURITY

Proverbs 4:23-24  
I Corinthians 6:12-20  
I Corinthians 6:9-11  
Galatians 5:16-18  
Romans 6:15-23  
Ephesians 6:10-20  
I Timothy 2:19-22

Matthew 15:19-20  
Leviticus 18:14-30  
Romans 2:26-32  
II Corinthians 7:1  
I Thessalonians 4:1-8  
I timothy 4:6-12

### SELF-CONTROL

Romans 3:14  
Titus 2:11-12  
Ephesians 2:3  
I Peter 1:14-16  
I Peter 2:11  
Romans 8:5-8  
Colossians 3:5-7  
Ephesians 4:17-24

## HELP UNDER PRESSURE JUDGMENT

Hebrews 4:14-16  
Hebrews 2:18  
II Peter 2:9  
Psalm 119:11

I Peter 5:8-9  
Jude 24-25  
I Peter 1:6-7  
II Peter 1:3

## SEXUAL SIN AND

Galatians 5:19-23  
I Peter 2:4-10  
Hebrews 13:4  
Jude 6-7

## BIBLICAL CONTRAST OF SEXUAL CONDUCT

- **Joseph OVERCAME sexual temptation.** **Genesis 39:6-20**  
\*\*\* UNDER PRESSURE, HE RAN FROM TEMPTATION!
- **David was OVERCOME by sexual temptation.** **II Samuel 11**  
\*\*\*UNDER PRESSURE, HE RAN TOWARD TEMPTATION!

## Biblical Truths For Governing Sexual Behavior

- **Sexual intimacy is a good thing, ordained and blessed by God, reserved only for the marriage relationship.**
- **God in His infinite wisdom has established sacred and wholesome moral boundaries for our protection, benefit and blessing.**
- **Sexual purity as defined by the Scriptures is God's good, acceptable and perfect will for His people. Sexual sin will be judged. God's Word, not the world system, is the Christian's guideline for appropriate moral conduct.**
- **The only safe sex is sanctified sex; one man and one woman in a holy marriage relationship that lasts for a lifetime.**
- **Pre-marital or extra-marital sex is based on lust, not love.**
- **Sexual sin is a self-centered act of the flesh. Sexual immorality indicates a lack of self-control and self-discipline over carnal/fleshly desires.**
- **Pre-marital sex weakens and erodes the moral foundation of a future, mutually satisfying marital relationship.**

- **Adultery is the ultimate violation and betrayal of commitment, fidelity and trust in a marriage relationship.**
- **Pornography is a perversion and corruption of the holy standards God has set for wholesome sexual conduct.**
- **Homosexuality is an abomination before God (an immoral act that He hates intensely), not an acceptable, alternative lifestyle.**
- **Sexual immorality is sin against God and your body, which is the temple of the Holy Spirit.**
- **I, AND I ALONE, AM RESPONSIBLE FOR MY CHOICES REGARDING SEXUAL CONDUCT AND THE RESULTING CONSEQUENCES.**

### **Scriptural Steps For Overcoming Sexual Sin**

- **Recognize** your sexual behavior as sin and confess it to God. I John 1:9
- **Repent** of your sexual sin. Acts 17:30
- **Receive** God's forgiveness and cleansing. I John 1:9
- **Release** through forgiveness past sexual partners. Mark 11:25-26
- **Forgive** yourself for sexual sin. Ephesians 4:32
- **Review** your life and the roots/reasons for sexual deviation. Psalm 139:23-24
- **Resolve** to conduct yourself in a sexually pure manner. II Timothy 2:19-22
- **Resist** temptation to sin sexually. I Thessalonians 4:3-8, I Corinthians 10:13
- **Respect** and **rejoice** in the sexual boundaries God has set for you!

If you have committed sexual sin, you can be greatly encouraged by Paul's word to the Corinthians. In I Corinthians 6: 9-11 Paul writes under the inspiration of the Holy Spirit.

*"Of do you not know that the unrighteousness shall not inherit the kingdom of God? Don not be deceived; neither fornicators, or idolaters, or adulterers, or effeminate, or homosexual, or thieves, or the covetous, or drunkards, or revilers, or swindlers, shall inherit the kingdom of God.*

*And such were some of you; but you were washed, but you were sanctified, but you were justified in the name of the Lord Jesus Christ, and in the Spirit of our God.*

**GOOD NEWS!** In the past the people were in bondage to sexual sin. Previously they sinned sexually and risked missing the kingdom God. But no longer. The Corinthians repented, sought forgiveness, were washed in Christ's blood, cleansed, justified and given a new lease on life. Set free to live a sexually pure life in Christ.

**“But I say, walk by the Spirit, and you will not carry out the desire of the flesh. “**  
**Galatians 5:16**

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